

# Storehouse Seasons

## Storehouse beefs up its Kitchen and Food Ministry



Food is an integral part of our lives, our culture and economies. Some countries, such as France and Italy, are almost defined by their cuisines whilst Café Culture sweeps the world and fast food is a Trillion Dollar industry. Why do we place such an importance on food?

The fact is we need to "eat to live" but around the World we humans make it more than that. We use mealtime to socialise and share our lives or make an "offer of food" to show hospitality to visitors and comfort to those in time of need.

At Storehouse, our food ministry has become an ever important part of how we share with our community. The "offer of food" to those who are needy and hungry is a vital part of what we do. But Storehouse also plays host to many community and welfare groups and the "offer of food" is a way of displaying hospitality and connection.

Food parcels are our mainstay for feeding the needy on a day

to day basis, distributing over 200 each month. Our once a week community lunches provide a cooked meal for those in need and for those attending programs and classes. Commenced in 2015, our free Community Lunches have grown from feeding 30 people to now as many as 120 at times.

All these meals were served out of a small and increasingly inadequate kitchen and a new one, capable of serving 160 people, was required. To meet current food service regulations a full commercial kitchen was mandatory. Funding provided by Georges River Council, Club Rivers, Club Central and private donors has resulted in a an environmentally friendly, fully functional kitchen capable of efficiently preparing, cooking and serving 160 hot meals!

What does the future hold for the Kogarah Storehouse "beefed up" food ministry now having this wonderful asset and potential...well, as we say, "God knows."

### Lala's Greetings

Welcome to Spring 2018 and our latest Storehouse News.

For my mind Sydney has a wonderful, all year round climate. Winters are not overly cold nor summers too hot. But, I would say some of the best months in Sydney occur through spring; when the days are getting longer and warmer and the chill of winter has left and one can't help feeling renewed and keen to get outdoors and get active.

Perhaps buoyed by these warming days, Spring-time seems to be when we traditionally make change in our lives. Which of us hasn't tried a new diet or fitness regime straight after winter, or gone and bought a new wardrobe of clothes, booked holidays, planted a new garden or listed our homes for sale - and what about the spring clean-out most of us do.

At Storehouse, we expect the coming months to be very busy as those who use our services seek to make constructive changes in their lives too. To this end we have been using the winter months to prepare our new kitchen to be ready for the Season ahead. The provision of food, to those in need, is an important part of what we do at Storehouse. With these new facilities we will be better equipped to help those we serve and, through the love of Christ, help them to change their lives about.

#### Blessings, Lala Noronha Manager

P.S. If you do a spring cleanout, please don't forget to bring unwanted gifts/items for resale in our Storehouse Charity Gift Market.



#### A DINNER TO MAKE A DIFFERENCE

The Kogarah Storehouse is hosting its Annual Fund Raising event on Wednesday 10th **October** and this year it will be a 3 course dinner served in our own centre, prepared by Travis Harvey, the head chef from OZ Harvest, who are wonderful supporters of our work at The Storehouse. As a community based registered charity we receive no Government funding for our operation, so we rely entirely on donations to fund our operating costs. All donations are tax donatable so please accept our warm invitation to please attend this year's dinner on the

10th Oct. There will be prizes and entertainment and a great night presenting the wonderful work being done by such an amazing group of dedicated and committed staff and volunteers who want to reach out and make a difference to the most needy and disadvantaged people right here in our local community. See your invitation opposite and please RSVP as quickly as you can so we know how many for whom we need to cater! Looking forward to seeing your there and together we can keep The Kogarah Storehouse doing the wonderful work it does.

#### A Dinner To Make A Difference



#### A WORD FROM REV ROBYN Minister Brighton-Kogarah Uniting Church



As the weather warms up some of the distress suffered by those on the margins of our society eases for a few weeks before the heat sets in. Winter has seen a greater demand for food parcels and more people seeking help with paying their electricity bills.

The renovations to the kitchen disrupted our ability to prepare meals on Wednesdays. We are thankful for those supporters who provided lunch at those times.

Although not completed at the time of writing the kitchen is

functional. Over the next few months we will be seeing how we can use this space for the community. The Storehouse **"Dinner to Make a Difference"** in October will be one way that we can raise enough funds to continue providing the services so desperately needed.

A few weeks ago "Sally" came to me for a chat. We have not seen "Sally" for some years. When I first came 6 years ago we saw her regularly and then she found work and came back regularly with donations for our work, in

appreciation for the help and support she was given. She had a workplace accident which means that she is unable to work and has again found herself in difficulties. She also now cares for her ageing mother. "Sally" and so many like her find The Kogarah Storehouse to be a place of safety and support. Our mission is to "Create a place for God's transforming love in a troubled world". Everyone who comes here, no matter age, gender, culture or religion are welcomed and loved. Your support enables us to do this. Thankyou!



## About The Kogarah Storehouse

Our mission: "To be a haven of hope and practical help to people in need in our community"

Established in 1992, The Kogarah Storehouse Community Centre is a non-government, not-for-profit, registered charity with (PBI) Public Benevolent Institute DGR status. All donations over \$2 are tax deductable. It operates from the Kogarah Uniting Church and is an outreach mission of the church.

